

Lake Hamilton School District #5

Child Nutrition Services

205 Wolf Street - Pearcy, AR 71964
501-767-8315 Fax 501-767-1219

Vivian Riley Nicholson, Director

Good Nutrition Helps Make Great Minds

August, 2011

Dear Parent / Guardian,

Students receiving free and reduced meals in the **2010/2011** school year will continue to receive free or reduced meals for a short grace period while new applications are processed for the 2011/2012 school year. **Each family (only one per family) must complete a new application for the 2011/2012 school year.** New students must pay for all meals until an application has been processed.

MEAL APPLICATIONS – Parents/Guardians are liable for all meals consumed by students up to the date the meal application has been processed and approved by the LHSD Child Nutrition Office. Benefits begin on the application approval date and are not retroactive. Due to the insurmountable number of applications received at the beginning of school, allow approximately ten days for the processing procedure. For faster processing of the application you may turn in the application to the LH Child Nutrition office located in the LH Administration building or your child may turn the application to the cafeteria.

MEAL DEPOSITS - Students are to use a white printed envelope to place their deposit in. These envelopes are provided to the students in each of the cafeterias or through the teacher. MyNutrikids.com is an online payment option. You can make a deposit on-line, review the deposits made by your child or see what meals have been eaten by your child. The program will allow you to sign up for a low balance notification through your email. Check it out at www.MyNutrikids.com. Your child's account will be charged when they are served breakfast, lunch or extra milk. When a student is absent, no activity will be recorded in their account. Free meal benefits include the whole meal and not just part of the meal. All students must pay for extra milk.

SPECIAL DIET STUDENTS – The school nurse **must have a current update of your child's health status from a medical doctor** in order for them to continue to receive special diet benefits. Special Diet students will be charged for food or juice through their account, whether it is for a snack or to go with a sack lunch brought from home.

ALTERNATE MEAL – An alternate meal (a nutritious sandwich, a serving of fruit, and ½ pint of milk) will be served at no cost to the student whose account has reached the designated deficit limit. Keeping your child's account current and above the deficit limit will prevent an alternate meal from being served.

SACK LUNCHES FOR SCHOOL FIELD TRIPS – The cafeteria will prepare a nutritious sack lunch that does meet federal guidelines for your student. The sack lunch will be deducted from your child's meal account. You must notify your child's teacher, if you want the cafeteria to prepare a meal. All students free, reduced and paid may receive a sack lunch for special field trips.

BREAKFAST AT SCHOOL – We want to encourage your child to eat breakfast at school. If you do not want your child to eat breakfast at school, you must send a written note stating that they are not allowed to eat breakfast.

MOVING FROM THE DISTRICT – If you move from LHSD, it is essential you come by the cafeteria manager's office to close out your child's account. Student records may be held until all accounts have been made current and closed.

ACCOUNTS FORWARD - All student accounts with balances will be carried to the next grade/school.

ALL MONEY IS DEPOSITED DAILY INTO STUDENT ACCOUNTS. WE DO NOT HOLD CHECKS.

SPECIAL NOTE: If you provide an email address with your child's school information, you may receive a notification of meal account information.

QUESTIONS CONCERNING MEAL ACCOUNTS OR STATUS – For questions concerning your child's category status or meal account call 767-8315. Category status is privileged information and held confidential by our office.

Lake Hamilton School Child Nutrition invites parents and guardians to have lunch with students. Please notify the classroom teacher what day you plan to visit, and keep in mind, you must check in with the school office upon arrival. The adult meal price is \$3.25 plus \$.35 for tea. The price for children under school age is \$3.25.

Thank you for participating in the Lake Hamilton Child Nutrition Program, we are pleased to serve you.

Sincerely,

Vivian Nicholson, Director

Lake Hamilton School ~ Child Nutrition Prices

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

PRIMARY- ELEMENTARY-INTERMEDIATE MEAL PRICES 2011/2012

Daily Meal Prices:

Paid Breakfast	\$1.75
Paid Lunch	\$2.25
Reduced Breakfast	\$.30
Reduced Lunch	\$.40
Extra Milk	\$.50

PAYMENT OPTIONS:

Paid Breakfast Only

Daily \$1.75 / Weekly \$8.75/ Biweekly \$17.50 / Monthly \$35.00

Paid Lunch Only

Daily \$2.25 / Weekly \$11.25 / Biweekly \$22.50 / Monthly \$45.00

Paid Breakfast & Lunch

Daily \$4.00 / Weekly \$20.00 / Biweekly \$40.00 / Monthly \$80.00

Reduced Breakfast Only

Daily .30 / Weekly \$1.50 / Biweekly \$3.00 / Monthly \$6.00

Reduced Lunch Only

Daily .40 / Weekly \$2.00 / Biweekly \$4.00 / Monthly \$8.00

Reduced Breakfast & Lunch

Daily .70 / Weekly \$3.50 / Biweekly \$7.00 / Monthly \$14.00

Extra Milk

Daily .50 / Weekly \$2.50 / Biweekly \$5.00 / Monthly \$10.00

MIDDLE – JUNIOR – SENIOR MEAL PRICES 2011/2012

Daily Meal Prices:

Paid Breakfast	\$1.75
Paid Lunch	\$2.50
Reduced Breakfast	\$.30
Reduced Lunch	\$.40
Extra Milk	\$.50

Payment Options:

Paid Breakfast Only

Daily \$1.75 / Weekly \$8.75 / Biweekly \$17.50 / Monthly \$35.00

Paid Lunch Only

Daily \$2.50/ Weekly \$12.50 / Biweekly \$25.00 / Monthly \$50.00

Paid Breakfast and Lunch

Daily \$4.25 / Weekly \$21.25 / Biweekly \$42.50 / Monthly \$85.00

Reduced Breakfast Only

Daily .30 / Weekly \$1.50 / Biweekly \$3.00 / Monthly \$6.00

Reduced Lunch Only

Daily .40 / Weekly \$2.00 / Biweekly \$4.00 / Monthly \$8.00

Reduced Breakfast & Lunch

Daily .70 / Weekly \$3.50 / Biweekly \$7.00 / Monthly \$14.00

Extra Milk

Daily .50 / Weekly \$2.50 / Biweekly \$5.00/ Monthly \$10.00

CHARGES ARE NOT ALLOWED IN THE JUNIOR & SENIOR HIGH