



Any Soldier®

Freedom isn't free! Just ask Any Soldier...

Our soldiers need your help!

A group in the high school EAST lab class will be collecting letters, money donations (for shipping), food and other various items to be sent to our soldiers overseas.

Send any donated items to the following locations:

- | | |
|-----------------------|----------------|
| - High School: | - Junior High: |
| - main office | - main office |
| - EAST lab (room 952) | - library |
| - library | |

Recommended food items:

- **Toiletry/Hygiene items**
 - baby wipes, soap, deodorant, shampoo, shaving cream, foot cream/powder, etc.
- **Reading Materials**
 - current events magazines, articles, comic books, novels, etc.
- **Food**
 - snack foods (chips, cookies, cereal, etc.) or any other canned or prepackaged items
- **Drinks**
 - energy drinks (Red Bull, Monster, etc.), Gatorade, bottled water, coffee, powdered drink mixes (Kool-Aid, Crystal Lite, Tea)

For a complete list of rules and what to send, please see Mrs. Britt (room 952).

Contact:

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ANY SOLDIER DONATED ITEMS LIST

What to send:

- Food

- Chex mix
- Chips
- Candy
- Jerky
- Cereal
- Crackers
- Sugar/sugar packets
- Cookies
- Nuts (almonds, peanuts, cashews, etc.)
- Fruit cups
- Ramen Noodle soup
- Warm Delights (Betty Crocker)
- Easy Mac and Cheese
- Protein bars
- Trail mix
- Chewing gum
- Granola Bars
- Sunflower/Pumpkin seeds
- Tuna (canned or packaged)
-

- Drinks

- Powdered drink mixes (Kool-Aid, Tea, Crystal Lite, etc.)
- Bottled Water
- Energy drinks (Red Bull, Monster, Rockstar, etc.)
- Sports drinks (Gatorade, Powerade, Vitamin Water, etc.)
- Coffee

- Toiletry/Hygiene Items

- Baby wipes
- Foot cream/foot powder
- Deodorant
- Soap
- Loofas
- Shampoo
- Toothbrush/Toothpaste
- Shaving cream
- Razors

- Reading Materials

- Current events magazines (People, Time, etc.)
- Car/Motorcycle magazines
- Current newspapers/articles
- Comic books
- Comic books
- Books or novels

- Other Miscellaneous Items

- DVDs
- CDs
- video games (PlayStation 2, Xbox, etc.)
- AA and AAA batteries
- Board games
- Playing cards

What NOT to send:

- **Obscene articles**
prints, paintings, cards, films, videotapes, etc.
- **Bulk quantities of religious materials contrary to the Islamic faith.**
Items for the personal use of the soldier are permissible.
- **Pork or pork by-products.**
- **Illegal copies of anything.**
- **Home-cooked anything.**
Note: Due to concerns for the health and safety of the soldiers, please do not send home-cooked anything. Factory packaged only. Soldiers are told to throw away anything that is not in a factory package.